SWARG નો SWAD' RESIDENTS & STAFF MENU, MONTH OF JUNE 2024							
01.06 / 16.06	*02.06 / 17.06*	*03.06 / 18.06*	*04.06 / 19.06*	*05.06 / 20.06*	*06.06 / 21.06*	*07.06 / 22.06*	*08.06 / 23.06*
BREKFAST 8AM							
Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee
Upma	Poha	Onion Uttapam	Vermicelli	Bread Pokoda	Dudhi Muthiya	Puri	Methi Gota
Coconut Chatni	Sev	Coconut Chatni		Ketchup		Chana	Kadhi
LUNCH 12PM							
Flower Mutter	Aloo Ringan	Chole Masala	Parbar	MixVeg	Bhendi Masala	Rajma Masala	Guvar
Gujarati Daal	Gujarati Daal	Daal Fry	Daal Tadka	Daal Fry	Gujarati Daal	Punjabi Kadhi	Plain Daal
Plain Rice	Plain Rice	Zeera Rice	Coriander Rice	Capsicum Rice	Plain Rice	Vagharili Khichdi	Coriander Rice
Roti	Roti	Puri	Roti	Roti	Roti	Roti	Roti
Cucumber Salad	Gajar Salad	Cucumber Salad	Beet Salad	Onion Salad	Gajar Salad	Mix Salad	Cabbage sambhar
Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk
Papad	Frymes	Frymes	Papad	Papad	Frymes	Papad	Papad
TEA , SNACKS 4PM							
Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffe	Tea & Coffee	Tea & Milk
Khakhra	Pani Puri	Makai Chivda	Tost	Sev	Papadi	Ghehu Mumura	Papad Poha
FRUIT & JUICE 6PM							
Muskmelon	Banana	Chiku Shek	Lemon Water	Veg Soup	Water Melon	Glucon- D	Keri no Bafelo
DINNER & HEALTHY DRINK 7PM							
Veg Pulao	Yellow Khichdi	Khichdi	Khichdi	Plain Rice	Yellow Khichdi	Plain Rice	Yellow Khichdi
Sweet Kadhi	Sweet Kadhi	Bhinda Kadhi	Punjabi Kadhi	Daal Dhokli	Sweet Kadhi	Daal Tadka	Sweet Kadhi
Ketchup	Dudhi Tomato	Galaka Masala	White Mutter	Kitchup	Mix Bhaji	Lasan Aloo	Ringan Bharta
Aloo Paratha	Roti	Plain Paratha	Roti	Methi Thepla	Pau	Roti	Roti
Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk

SWARG નો SWAD' RESIDENTS & STAFF MENU, MONTH OF JUNE 2024

09.06 / 24.06	10.06 / 25.06	11.06 / 26.06	12.06 / 27.06	13.06 / 28.06	14.06 / 29.06	15.06 / 30.06	
BREKFAST 8AM							**Sweet**
Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	
Dahi Vada	Nylon Khaman	Daal Vada	Idli	Besan Chila	Vada Pav	Puff	
Sev	Green Chatni	Kadhi	Sambhar		Ketchup	Ketchup	
LUNCH 12PM							**GulabJamun**
Cabbage Aloo	Tindora	Panner Tikka	Aloo Palak	Karela	Chana Masal	Veg Kafta Cury	
Daal Tadka	Sambhar	Daal Fry	Daal Tadka	Gujarati Daal	Daal Tadka	Daal Fry	
Peas Rice	Plain Rice	Zeera Rice	Tej Laving Pulao	Plain Rice	Plain Rice	Coriander Rice	
Roti	Roti	Roti	Roti	Roti	Roti	Roti	
Cucumber Salad	Gajar Salad	Cucumber Salad	Beet Salad	Onion Salad	Gajar Salad	Mix Salad	
Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Rice Khir
Papad	Frymes	Papad	Frymes	Papad	Frymes	Papad	
TEA , SNACKS 4PM							
Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffe	Tea & Coffee	
Khari	Potato wafers	Sabudana Wafer	Bread Butter	Mix bhel	Gathiya	Monako Biscuit	
FRUIT & JUICE 6PM							**Mahanthal**
Leman Water	Papeya	Jeera Soda	Sweet Lime	Pineapple Juice	WaterMelon Juice	Lassi	
DINNER & HEALTHY DRINK 7PM							
Veg Khichdi	Plain Rice	Yellow Khichdi	Khichdi	Khichdi	Rice	Khichdi	
Gota Kadhi	Kadhi	Sweet Kadhi	Drumstick Kadhi	Yellow Kadhi	Sweet Kadhi	Punjabi Kadhi	
Pumpkin	Moong Palak	Sev Tomato	Toor Whole	Aloo Mutter	Panner Bhurji	Mix Kothor	Rasgola
Roti	Roti	Plain Paratha	Roti	Roti	Roti	Roti	
Milk	Milk	Milk	Milk	Milk	Milk	Milk	